



TUBMAN CENTER FOR  
HEALTH & FREEDOM

# COMMUNITY UPDATE

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## TUBMAN SUMMER OUTREACH

Summer is our time to get out and about, just as we have every year since our inception. Tubman Health will be at community festivals and events across the region. We hope to see you!

Our Healing Tent will be traveling to several of these community events as well. Our Healing Tent is where you can experience free services such as TCM tongue diagnosis, acupuncture, dermatology consults, massage therapy, and more! We always have fun giveaways at our tables and love to share updates on our growth and development.

Come say hi! We loved seeing so many of you at the Jimi Hendrix Park Juneteenth celebration and the Pride march!





## IF YOU HAVEN'T HEARD ALREADY...

**Please join us in welcoming the latest amazing members of the Tubman Health team.**

Read their full bios on our website.

- Emijah Smith, Director of Community Engagement and Partnerships
- Danie Eagleton, Mental Health Specialist
- Lashanna Williams, Massage Therapist
- Dr. Vanda Huang, Naturopathic Physician and Licensed Acupuncturist
- Kristina Brandveen, Research Fellow sponsored by the American Public Health Association and Kaiser Permanente Community Health Leadership Fellowship Program
- Johnny Buck, Community-Centered Design Fellow



# THE FREEDOM CLINIC AT RAINIER VALLEY LEADERSHIP ACADEMY

Everything from the care modalities to the treatment room, to color schemes, and design elements were selected by RVLA scholars by using mood boards, surveys, and other community design methods.

In addition to clinical care, the Freedom Clinic continues to offer programming. This month, 10 scholars completed a Community Caretaking training offered by our partner, the Community Response Network. The training covered first aid and CPR, and asked scholars to reflect on what it means to care for community. Scholars who participated received their own first aid kit and a stipend for their time.

Last year, scholars requested a salad bar and we've delivered! Our salad bar was a huge hit! Three Black-owned catering companies have given scholars, faculty, and staff a different take on salad. Each version has flown off the shelves. Not only did this fulfill scholar request but it also provided an opportunity for vendors to learn/practice the school lunch delivery requirements as the school seeks a new lunch vendor for the coming school year.



The school year was a year of growth as The Freedom Clinic launched and our team grew to include:



**Dr. Tiyanna Rodgers, DNP, ARNP**  
Lead Clinician & Nurse Practitioner



**Lashanna Williams, LMP**  
Massage Therapist



**Dr. Vanda Huang, ND, LAc**  
Naturopathic Physician &  
Licensed Acupuncturist



**Monique Altheimer**  
Certified Peer Counselor &  
Clinical Support



## THE PATH TO OPENING THE TUBMAN CENTER FOR HEALTH & FREEDOM

We've hit big milestones this year in our journey toward opening the doors to the Tubman Center for Health & Freedom. Our \$11.7 million legislative win in May put us well on the path to raising the funds we need to begin construction.

**We're happy to share that we have a site!** After considering several options, we've selected a location in Rainier Beach. The Tubman Center for Health & Freedom will be one block north of the Rainier Beach light rail station. We'll be next door to affordable new family apartments being built by our housing partner. In Rainier Beach, we'll be part of a vibrant community that's innovating in food justice, safety, health, and much more.

### 37TH LEGISLATIVE DISTRICT COMMUNITY GATHERING

At Tubman Health, we acknowledge our interconnectedness and recognize that our work towards our collective health & freedom is part of a broader ecosystem. On June 15th, we gathered with fellow community organizations, Washington State legislators (Sen. Rebecca Saldaña, Rep. Chipalo Street, Rep. Sharon Tomiko Santos), and King County Councilmembers (Girmay Zahilay and Tammy Morales) to celebrate the collective advocacy efforts that led to historic investment in the neighborhoods we call home.



# EMPOWERING VOICES, TRANSFORMING CARE: RESEARCH UPDATES

## Community Design Phase II

Our phase II community design efforts are underway! On June 8th, we brought together Rainier Beach residents, business owners, and community leaders to engage in an architectural exercise to design our future clinic inside and out - situating it within the neighborhood and integrating community art, culture, and nature. We thought of what our families need to move together in the space, including young people and elders, disabled and able-bodied, and anyone who isn't a strong English language reader. We intentionally designed accessible spaces for us to see a range of providers for our health and wellness. The creative energy and collaboration in the room was energizing!



## SHARE YOUR STORY

**Medical Racism Report Line:  
1-888-700-0218**

The need for the Tubman Center for Health & Freedom has been punctuated by the countless stories we hear from community members. Medical racism causes severe harm and frequently turns people away from seeking necessary health care in the future.

In order to eradicate medical racism from our region we must be able to describe how it is showing up and identify ways to hold providers and institutions accountable. Currently, it's nearly impossible to hold perpetrators accountable and we want to explore the potentiality of developing policy that addresses this factor which impacts our poor health outcomes.

The first step: collecting your personal stories. When you call the MRRL an automated system will ask you a few questions and then you will be prompted to share your experience of medical racism as a voicemail. Calls are anonymous unless you care to share your name and request a call back. Names will not be used in the report. Data will be used to inform our future policy work as well as Tubman Health referral list if/when specific provider or institutions are named by callers. Call today! Ask a friend to do the same. We deserve better.



## JOIN OUR TEAM!

For Us, By Us means we need more of US! Tubman Center for Health & Freedom is looking for talented people who are ready to throw down in the movement for health justice. As part of our team, you will play a key role in building our organizational culture and model of care, helping us become a premier health services center opening in 2026.

**View open positions at [tubmanhealth.org/careers](https://tubmanhealth.org/careers)**

- Human Resources Director
- Communications Manager
- Events & Special Projects Coordinator
- Program Manager, Tubman Guides