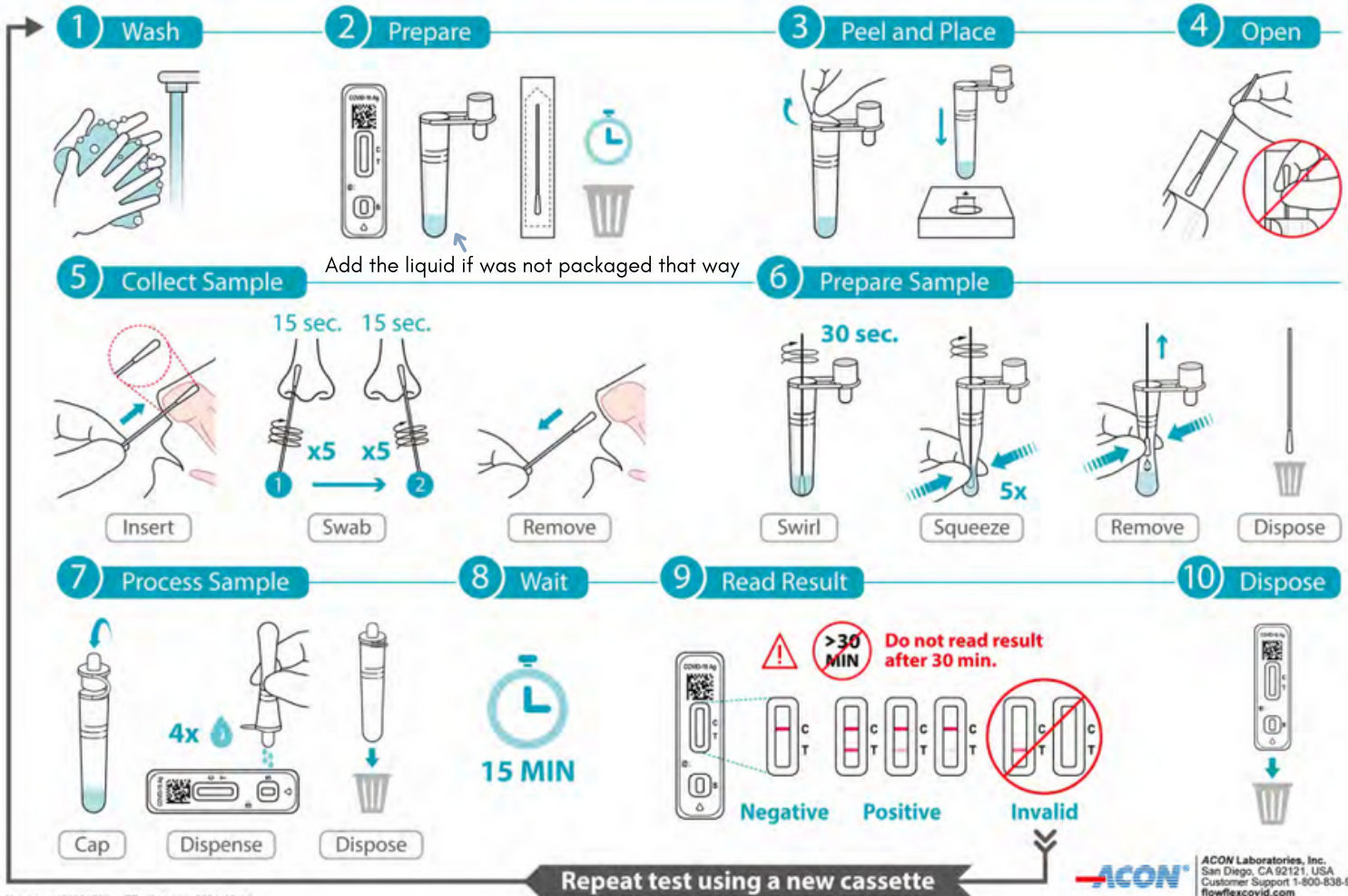


HOW TO USE AT-HOME COVID-19 TEST KITS

These over-the-counter/at-home tests are not as bad as you think or remember.

Here are some simple instructions on how to conduct your at-home rapid test. Please follow these instructions for the most accurate results.



AT-HOME RAPID TEST RESULTS

POSITIVE

- Assume you are infected. Most positive rapid tests are accurate.
- See page 1 for guidance and self-report your positive result to King County Public Health at 206-477-8260.

NEGATIVE

- If your result is negative and you have symptoms, you may want to get a PCR test (at home or at [local site](#)) to be sure.
- To add an extra layer of precaution, wear a mask around others until symptoms resolve or you are able to get a [PCR test](#) result.

*Please note that with a new virus like COVID-19, it is common for health recommendations to change as we learn more. Check [cdc.gov](https://www.cdc.gov) for the most updated info.